

Sumário de resultados

Piscina 50m, FINA 2008

Dinis Andre Marques	93 :	100m Livres	18	1:00.57	1:01.00	101%	RP	0 Pt.
		200m Livres	7	2:12.07	2:11.16	99%		0 Pt.
		400m Livres	8	4:36.22	4:35.22	99%		0 Pt.
		1500m Livres	4	18:26.16	18:09.96	97%		0 Pt.
		400m Estilos	6	5:31.21	5:42.75	107%	RP	0 Pt.
Fonseca David Jose	94 :	100m Livres	12	1:02.95	1:04.67	106%	RP	0 Pt.
		200m Livres	12	2:17.98	2:20.39	104%	RP	0 Pt.
		400m Livres	19	4:57.10	4:50.75	96%		0 Pt.
		100m Costas	Est	1:16.73	1:19.06	106%	RP	0 Pt.
		100m Costas	9	1:15.46	1:19.06	110%	RP	0 Pt.
		200m Costas	13	2:43.64	2:44.06	101%	RP	0 Pt.
Girao Diogo Cunha	94 :	400m Livres	2	4:33.75	4:29.88	97%		0 Pt.
		1500m Livres	1	17:42.64	17:52.44	102%	RCSCC	0 Pt.
		200m Costas	8	2:32.73	2:29.83	96%		0 Pt.
		200m Mariposa	1	2:25.83	2:38.30	118%	RP	0 Pt.
		400m Estilos	1	5:10.06	5:39.37	120%	RP	0 Pt.
Lopes Filipa Goncalves	94 :	50m Livres	17	33.25	35.70	115%	RP	0 Pt.
		100m Livres	29	1:15.35	1:16.54	103%	RP	0 Pt.
		200m Livres	26	2:37.61	2:41.65	105%	RP	0 Pt.
		800m Livres		11:45.71	--		RP	0 Pt.
		50m Costas	8	38.26	41.83	120%	RP	0 Pt.
		100m Costas	15	1:22.57	1:27.26	112%	RP	0 Pt.
		200m Costas	10	2:59.67	2:57.44	98%		0 Pt.
Lopes Pedro Fragoso	90 :	50m Livres	6	26.45	26.63	101%	RCSCC	0 Pt.
		100m Livres	8	58.34	58.60	101%	RCSCC	0 Pt.
		200m Livres	5	2:04.56	2:06.38	103%	RCSCC	0 Pt.
		50m Mariposa	5	27.84	27.94	101%	RCSCC	0 Pt.
		100m Mariposa	3	1:01.04	59.98	97%		0 Pt.
		200m Estilos	3	2:21.41	2:21.63	100%	RCSCC	0 Pt.
		400m Estilos	6	5:07.03	4:57.94	94%		0 Pt.
Meneses Gustavo Alexandre	92 :	50m Livres	18	27.21	27.67	103%	RP	0 Pt.
		50m Costas	6	30.40	30.50	101%	RCSCC	0 Pt.
		50m Bruços	2	33.15	33.85	104%	RP	0 Pt.
		100m Bruços	3	1:12.31	1:13.19	102%	RCSCC	0 Pt.
		200m Bruços	2	2:41.53	2:44.16	103%	RCSCC	0 Pt.
		400m Estilos	6	5:12.93	5:13.62	100%	RP	0 Pt.
Neto Hugo Neves	94 :	100m Livres	Est	1:03.65	1:08.14	115%	RP	0 Pt.
		100m Livres	18	1:04.24	1:08.14	113%	RP	0 Pt.
		200m Livres	11	2:16.61	2:24.73	112%	RP	0 Pt.
		400m Livres	16	4:51.28	4:50.84	100%		0 Pt.
		200m Bruços	8	2:59.94	3:05.10	106%	RP	0 Pt.
		200m Estilos	15	2:40.15	2:41.63	102%	RP	0 Pt.
Silva Tiago Andre	94 :	200m Livres	Est	2:21.69	2:24.69	104%	RP	0 Pt.
		400m Livres	13	4:48.78	4:50.83	101%	RP	0 Pt.
		100m Mariposa	6	1:15.11	1:13.51	96%		0 Pt.
		200m Mariposa	8	2:47.80	2:51.66	105%	RP	0 Pt.
		200m Estilos	17	2:42.84	2:44.08	102%	RP	0 Pt.
		400m Estilos		5:33.53	5:42.14	105%	RP	0 Pt.
4 x 100m Livres Masc.	:	Neto Hugo Neves	1:03.65	Silva Tiago Andre	1:04.60	3	4:11.90	
		Fonseca David Jose	1:03.28	Girao Diogo Cunha	1:00.37			
4 x 200m Livres Masc.	:	Silva Tiago Andre	2:21.69	Fonseca David Jose	2:19.30	4	9:09.01	RCSCC
		Girao Diogo Cunha	2:10.11	Neto Hugo Neves	2:17.91			
4 x 100m Estilos Masc.	:	Fonseca David Jose	1:16.73	Girao Diogo Cunha	1:06.29	5	4:52.21	
		Neto Hugo Neves	1:24.28	Silva Tiago Andre	1:04.91			

Total 48 resultados individuais, desempenho médio: 103,8%  
10 novos rec. Clube, 37 novos rec. pessoais  
Maior melhoria: Girao Diogo Cunha, 400m Estilos 5:10.06